

My School Manu

Winter 2025 - 2026 Week commencing

3rd November 24th November 15th December 5th January 26th January 9th March



	Monday
Option 1	Tortelloni Formaggio Gluten Egg Milk in a tomato & basil sauce with garlic bread Gluten Soya Milk
2	Tuna pasta bake Gluten Milk Fish Mustard Soya with

Gluten Mustard Soya

with

garlic bread

Gluten Soya Milk

Tuesday

Chicken

OR

Eat Curious

'chicken', broccoli,

IVIIIK Egg
with
Yorkshire
pudding
Milk Egg Gluten
roast potatoes,
carrots, broccoli
&
gravy
Roast meat of the
day filled cob
Gluten Sesame
with
roast potatoes,
carrots, broccoli

Wednesday

Roast meat of the

day

OR

Quorn roast

Milk Egg

С & gravy

Milk Egg with mashed potato & corn on the cob araharita Dizza

Thursday

Lemon & herb

chicken Sulphur Dioxide

OR

Quorn

nargnerita Pizza
Soya Gluten Milk
With pommes
noisettes
&
runchy vegetable
sticks

Beef burger Sesame Gluten Sulphur Dioxide with oven chips, baked beans & peas

Friday

Fishcake Cob Gluten Fish Sesame

Fishless finger cob

Gluten Sesame

with

lemon mayonnaise

Egg Sulphur Dioxide,

oven chips

& peas



Jacket potato available daily, served with your choice of baked beans, cheese Milk or tuna mayonnaise Fish Egg

Spiced apple crumble Gluten with custard

Fish Egg, mixed salad & crisps Donuts Soya Milk Gluten

Custard tart

Classic iced 'school' cake Egg Gluten Milk

garlic bread

Gluten Soya Milk

Pinwheel cookie Gluten

Egg Sesame

Sandwich Gluten Soya

Fillings: cheese Milk, ham or tuna mayonnaise

MANAGE MANAGEMENT AND MANAGEMENT AND

Milk Gluten







	Monday	Tuesday	Wednesday	Thursday	Friday			
Option 1	Cheesy Naan bread pizza Milk Gluten with Bombay potatoes	All day brunch Nottinghamshire sausage Gluten Sulphur Dioxide & bacon OR Plant based sausage Soya Sulphur Dioxide with hash browns, baked beans & scrambled eggs	Roast meat of the day OR Quorn roast Milk Egg with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy	Loaded Chicken OR Quorn Milk Egg Biryani Chapati's Gluten with a tomato, red onion & mint salad	Tempura battered MSC Pollock taco Gluten Soya Fish OR Fishless finger taco Gluten with curried veg slaw Egg & oven chips			
Option 2	Paneer & vegetable curry Mustard Milk with yellow rice & a vegetable samosa Gluten	Egg Milk Quorn dippers Gluten with potato balls, mayonnaise Egg & vegetable sticks	Roast meat of the day filled cob Gluten Sesame with roast potatoes, carrots, broccoli & gravy	Winter root vegetable Balti pie Mustard with green beans	Cheesy tomato pizza muffin Gluten Milk Soya Sesame with potato balls & sweetcorn			
\$55 \$\text{\$\titt{\$\text{\$\}\$}}}}}\$}}}}}}}}}}}}}}}}}}}}}}}}}}}}								
dding	Chocolate & orange cookie	New York cheesecake Gluten Soya Milk	Sticky toffee pudding Milk Egg Gluten	Cardamom rice pudding Milk	JimJam 'nut free' chocolate croissant Gluten Milk			

with custard

Milk



Gluten





19th January, 9th February, 2nd March, 23rd March

Taste ASIA

	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken	Chicken & vegetable	Roast meat of the day	Honey chicken Soya	Chip shop style
	OR	fajitas	OR	OR	fish 'n' chips
	Quorn Mustard	Gluten	Quorn roast	Quorn	Gluten Fish
	teriyaki Udon	OR	Milk Egg	Mustard Soya	OR
_	noodles	Quorn & vegetable	with	filled bao bun	Fishless fingers 'n'
_	Gluten Soya	fajitas	Yorkshire	Gluten Sesame	chips
.호	with	Mustard Gluten	pudding	with	Gluten
Option	a vegetable spring	with	Milk Egg Gluten	sticky rice	with
lö	roll	smoky jacket	roast potatoes,	&	curry sauce
	Gluten Egg Milk Soya	wedges	carrots, broccoli	crunchy vegetable	Celery, Egg, Milk,
	Celery	&	&	sticks	Mustard, Soya, Gluten
		tomato salsa	gravy		&
		Sesame			peas
_	Sweet and Sour	Vegetable chilli	Roast meat of the day	Hoisin	Loaded mini rosti
	Udon noodles	with	filled cob	Cauliflower	potatoes
	Gluten	nachos	Gluten Sesame	nuggets	with
N	with Quorn	&	with	Gluten Sesame Soya	cowboy beans,
	Mustard	rice	roast potatoes,	with	melted cheese Milk
<u>.</u>	&		carrots, broccoli	sticky rice	&
Option	a vegetable spring		&	&	roasted sweetcorn
0	roll		gravy	crunchy vegetable	
	Gluten Egg Milk Soya Celery			sticks	
	Celery				
	Jacket potato available daily, Sandwich Gluten Soya				
555	served with your choice of baked beans, Fillings: cheese Milk, ham or tuna mayonnais				
	· · · · · · · · · · · · · · · · · · ·	tuna mayonnaise Fish	,		
	Zesty lemon jelly with a	·	Chocolate Cracknell	Butterscotch	JimJam 'Nut Free'
ding	cookie	Gluten Egg Sulphur	Gluten Milk	shortcake	Chocolate brownie
	Gluten	Dioxide		Gluten Milk Soya	Milk Gluten



