



Sir Edmund Hillary Academy
A L.E.A.D. Academy

Head of School: Mrs. Deborah Eccles
Kingsway Worksop, Nottinghamshire S81 0AN
Telephone: 01909 473 982
office@siredmundhillary.notts.sch.uk
www.siredmundhillary.notts.sch.uk

Mental Health Awareness Week- 11th -15th May

Dear Parents and Carers,

This year, Mental Health Awareness Week takes place between 11th and 15th May. The theme is 'Take Action' and we will be talking in school about how they can look after themselves and their own mental health, as well as supporting those around them.

As part of this, we are having a 'Wear it Green' day. This will happen on the Friday 15th May and we are asking that children come to school wearing something green.

This ties in with the idea that getting out in nature and seeing the green around us is a massive boost for everyone's mental health and well-being.

We look forward to brightening everyone up and seeing the green on this day.

All the Staff at Sir Edmund Hillary Academy

